



















The Coventry Apartments

November 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Busy Hands- Monday's 9:00 am Exercise Class- Tues. Wed. Thurs. 9:30 am Bingo- Thursday's 5:15 pm Game Day- Friday's 1:00 pm Van Transportation- Tues. Wed. Thurs.		1 9:30 am Exercise  1:00 Van- Groceries	2 9:30 am Exercise  9:30 am Van 1:00 Van- Groceries 2:00 pm Cooking with Donna	3 9:30 am Exercise  9-11 am \$2 Van-Grocery Shopping 12:00 pm Soup for Lunch- FREE! 5:15 pm Bingo	4 1:00 pm Game Day	5
6 	7 9:00 am Busy Hands	8 9:30 am Exercise  1:00 Van- Groceries 4:00 Applebee's & Playcrafter's	9 9:30 am Exercise  9:30 am Van 1:00 Van- Groceries 1:30 pm Calendar Planning	10 9:30 am Exercise  9-11 am Van- Grocery Shop 5:15 pm Bingo	11 11:00 am Dynasty Buffet & Shopping 1:00 pm Game Day	12
13	14 9:00 am Busy Hands	15 9:30 am Exercise  1:00 Van- Groceries	16 9:30 am Exercise  9:30 am Van 1:00 pm Van- Groceries 1:00 pm Diabetic and Therapeutic Shoe Presentation	17 9:30 am Exercise  9-11 am Van- Grocery Shop 12:00 Thanksgiving Dinner 5:15 pm Bingo	18  8:30 am Festival of Trees 1:00 Game Day	19
20	21 9:00 am Busy Hands 10:45 Historical Society Luncheon	22 9:30 am Exercise  1:00 Van- Groceries	23 9:30 am Exercise  9:30 am Van 1:00 Van- Groceries 2:00 Homebound Healthcare "Fall Prevention"	24  Thanksgiving Day OFFICE CLOSED	25 OFFICE CLOSED	26
27	28 9:00 am Busy Hands	29 9:30 am Exercise  1:00 Van- Groceries	30 9:30 am Exercise  9:30 am Van 1:00 Van- Groceries 4:00 Rudy's Tacos & Music Guild			

2nd- Cooking with Donna

3rd- Soup for Lunch- FREE!

8th- Applebee's and Playcrafters

9th- Calendar Planning

11th- Dynasty Buffet & Shopping

16th- Diabetic & Therapeutic Shoe Presentation

17th- Annual Thanksgiving Dinner

18th- Festival of Trees

21st- Rock Island Historical Society Lunch

23rd- Homebound Healthcare Presentation "Fall Prevention"

30th- Rudy's Tacos & Music Guild